



2025



ANNUAL REPORT

TODAY FOR TOMORROW INITIATIVE

LIST OF ACRONYMS

AfriYAN	- - - - -	African Youth and Adolescents Network on Population and Development
TFT	- - - - -	Today for Tomorrow Initiative
SRHR	- - - - -	Sexual Reproductive Health and Right
UN	- - - - -	United Nations
UNDP	- - - - -	United Nations Development Programs
MHHM	- - - - -	Menstrual Health Hygiene Management
HQ	- - - - -	Headquarter
FCT	- - - - -	Federal Capital Territory
IPAG	- - - - -	Inclusive Peace Action Groups
IDP	- - - - -	Internally Displaced Persons
WPHF	- - - - -	Women's Peace Humanitarian Fund
Her-RC	- - - - -	Her Response Count
MYC	- - - - -	My Healthy Choice
GBV	- - - - -	Gender-Based Violence
MSI	- - - - -	Marie Stopes International

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A portrait of Adek Bassey Ozaveshe Sanni, the Executive Director of Today for Tomorrow Initiative. She is a Black woman with long, wavy, reddish-brown hair, smiling warmly at the camera. She is wearing a grey and white patterned jacket. The background is a soft, out-of-focus grey.

MESSAGE FROM THE EXECUTIVE DIRECTOR

When Today for Tomorrow Initiative (TFT) was founded in 2016, it began with a simple but urgent belief: that adolescents and young people deserve the knowledge, opportunities, and support systems necessary to make informed decisions, realize their potential, and shape the future of their communities. What started as a grassroots response to the gaps many young people face has grown into a youth and women-led organization implementing community-driven interventions across multiple states in Nigeria. Over the years, TFT has continued to evolve in scope, reach, and impact, while remaining rooted in the belief that young people are not merely beneficiaries of development, but active drivers of sustainable change.

In 2025, we strengthened this commitment through interventions focused on sexual and reproductive health and rights (SRHR), gender-based violence prevention and survivor support, peacebuilding, climate action, menstrual health, youth leadership, education, and economic empowerment. Through these efforts, we expanded support for adolescents, young women, persons with disabilities, internally displaced persons, and underserved communities across Adamawa, Abuja, Cross River, Delta, Taraba, and other implementing locations.

This year also reflected the power of collaboration and locally led development. Through partnerships with UN agencies, international organizations, government institutions, community leaders, and grassroots networks, TFT implemented projects that strengthened community resilience, promoted inclusion, amplified women's voices, and expanded access to critical health and protection services.

One of the defining strengths of TFT remains our youth-led approach. Many of the individuals designing, coordinating, and implementing our programs are themselves young people with lived experiences that reflect the realities of the communities we serve. This model continues to demonstrate that when young people are meaningfully engaged, equipped, and trusted with leadership, they become powerful agents of transformation within their communities. Beyond program implementation, 2025 also marked continued growth in innovation and sustainability. Through initiatives such as TFT Skill Hub and youth-centered learning platforms, we expanded opportunities for young professionals to access practical skills, mentorship, and experiential learning that support long-term personal and professional development.

As you read this report, we invite you to look beyond the numbers and activities and recognize the stories of resilience, leadership, healing, and transformation behind every intervention. Each project represents a collective effort by communities, partners, volunteers, staff, and young leaders working together to create safer, healthier, and more inclusive spaces for adolescents and young people to thrive.

ADEK BASSEY OZAVESHE SANNI

Executive Director

TODAY FOR TOMORROW INITIATIVE



WHO WE ARE

Today for Tomorrow Initiative (TFT) is a Youth and Women-led nonprofit dedicated to empowering adolescents and young people to thrive and make informed life choices. At the heart of TFT's work is a commitment to reaching the most vulnerable population, including adolescent girls, young women, teenage mothers, persons with disabilities, refugees, adolescents and youth in displacement settings, and young people living with HIV/AIDS. TFT operates across 5 states in Nigeria (Abuja, Adamawa, Cross River, Delta and Taraba) and has built a solid reputation for delivering high-impact, community-driven programs in health, protection, peacebuilding, education, and human development.

Vision

An inclusive society where every adolescent and young people ascertain their right and full potential.

Mission

To empower adolescents and youth to improve lives through training, mentoring and empowerment.

Values

- Skill
- Purpose
- Teamwork
- Innovation
- Productivity
- Collaboration
- Accountability

OUR LOCATION



Abuja



Adamawa



Taraba



Cross River



Delta



OUR CORE THEMATIC AREAS

1 Health

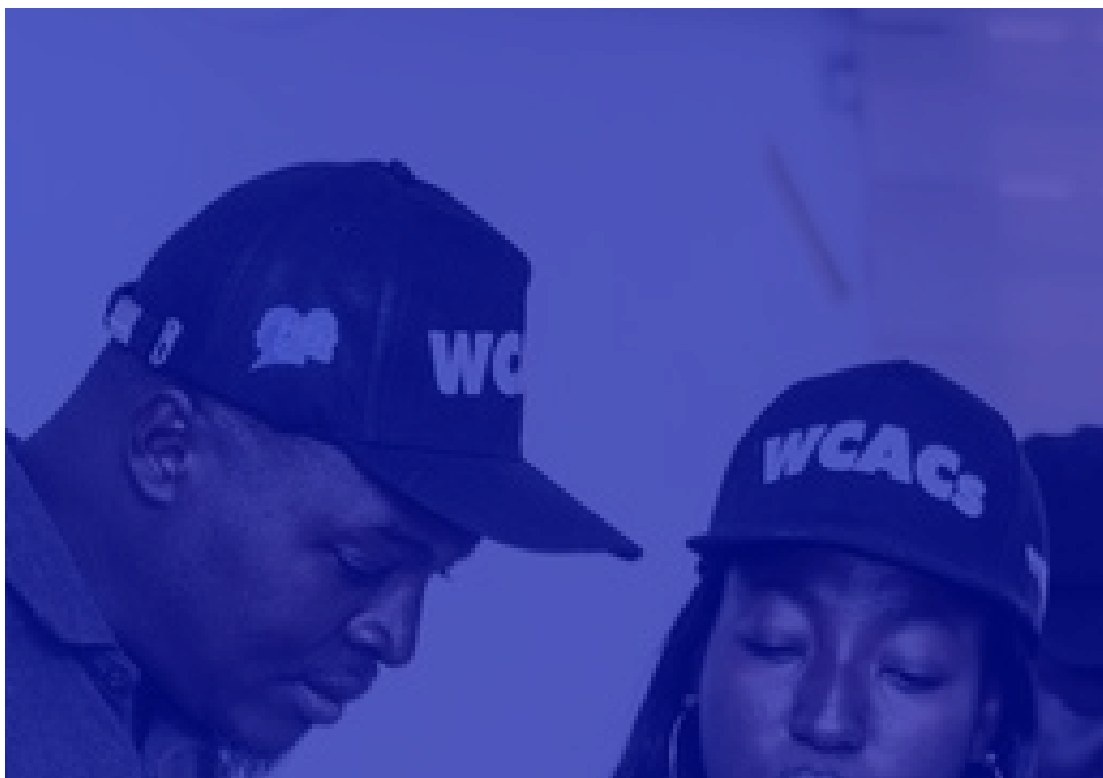
2 Education

**3 Human Centered
Development**

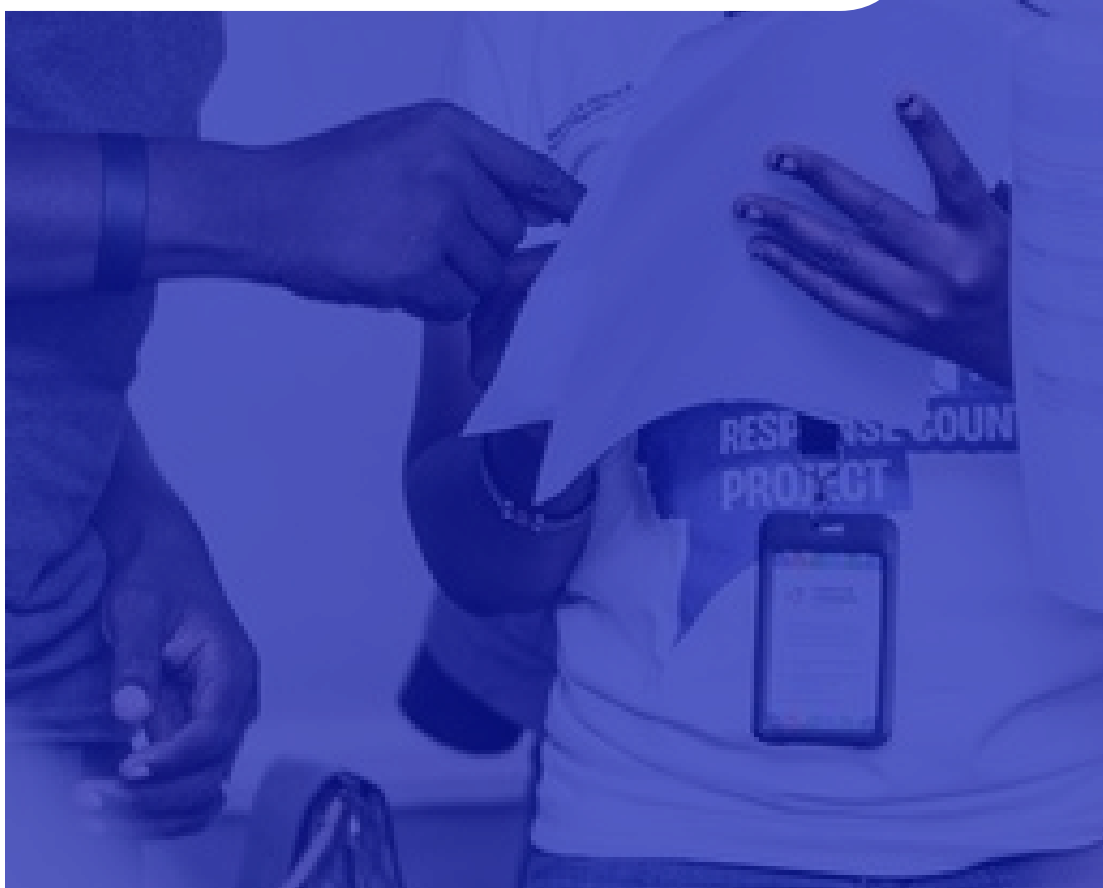
4 Climate Change

5 Peace Building

**6 Economic
Strengthening**



IMPACT SUMMARY





OUR IMPACT

Since 2016, TFT has made significant strides in improving the health and wellbeing of young people across Nigeria

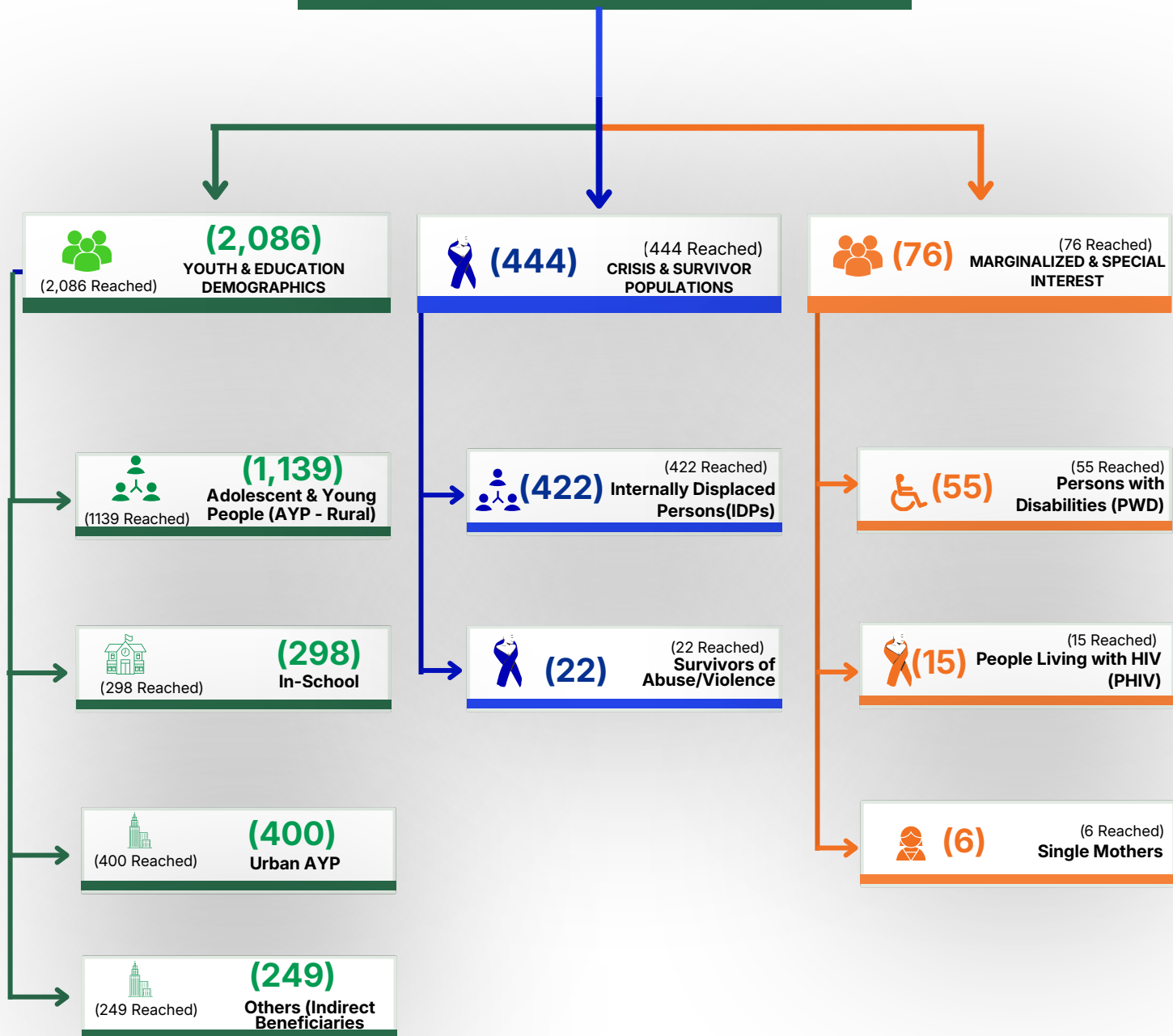
20+
Projects Across Nigeria

10,000+
Physical Reach

10 Million+
Online Reach

2025 BENEFICIARIES REACHED

(2,606)



SEX COUNT



2,239

367



The Team Behind The Impact



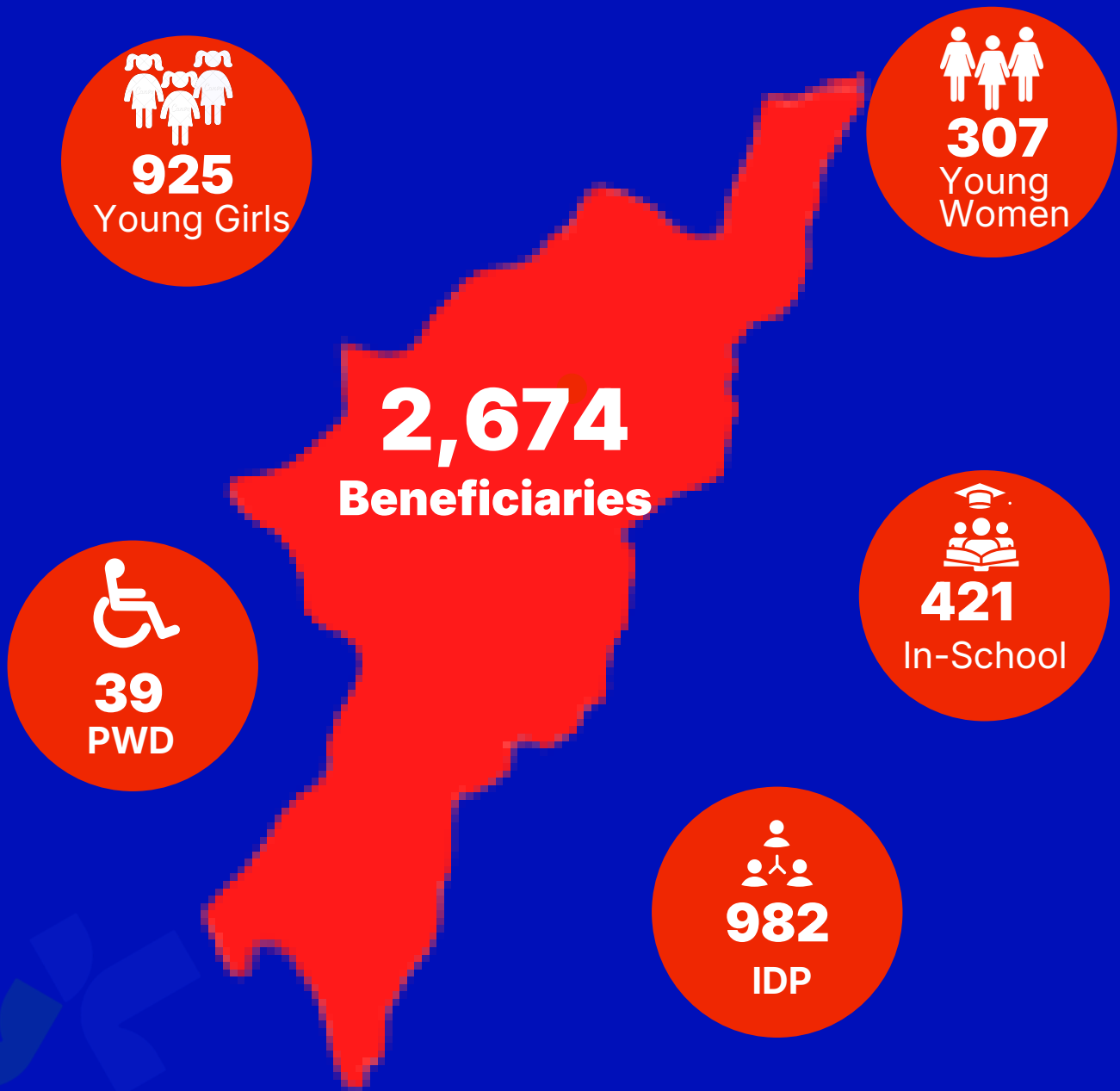


PROJECTS



WELEAD PROJECT

The WeLead Project is funded by Hivos People limited and implemented by TFT to advance Sexual and Reproductive Health and Rights (SRHR) and promote gender justice among marginalized and underserved populations in Adamawa State. The project was successfully implemented across 3 IDP camps in Adamawa namely Damare, Daware, and Salama.



RAPE SURVIVAL SUPPORT PROJECT

The Rape Survival Support Project, funded by the United Nations Population Fund (UNFPA), was implemented by TFT to provide survivor-centered psychosocial support for survivors of sexual and gender-based violence. The project focused on promoting emotional healing, restoring dignity, reducing stigma, and strengthening community understanding of trauma and survivor-centered care.



73

**Individuals
Reached**



40

**Persons with
Disabilities**



40

Survivors

77%

**Improved in
Emotion &
Wellbeing**

PREVENTING EXTREMISM THROUGH ACTIVE COMMUNITY ENGAGEMENT (PEACE) PROJECT

The PEACE project was funded by the United Nations Development Programme (UNDP) and implemented TFT in partnership with Debbie Kauna Foundation and TIWOD in Gulak (Adamawa State) and Buni Yadi (Yobe State), the project aims to strengthen community resilience against violent extremism through inclusive engagement, local capacity development, and sport-based social cohesion initiatives.



HER HEALTHY MENSTRUAL CYCLE PROJECT

Her Healthy Menstrual Cycle Project aims to improve menstrual health knowledge, dignity, and access among adolescent girls, mothers, and community stakeholders in rural communities across Fufere and Yola-South Local Government Areas of Adamawa State.

16



Adolescent menstrual
health champions
trained

1,000+



Adolescent Girls
reached through peer-
to-peer sessions

250



Adolescent girls
received sanitary pads
during WMHD

14



Mother-Daughter
Dialogue Sessions
conducted across 4
communities

420



Participants engaged in
mother-daughter dialogue
sessions (15 mothers + 15
daughters per session)

20



Parents, teachers, and
community leaders
participated in FGDs

1,706



Total community
members reached

HER RESPONSE COUNT PROJECT



The HER-Response Counts (HER-RC) Project, funded by the Women's Peace and Humanitarian Fund (WPHF) with support from UN Women, is an ongoing project implemented by TFT to strengthen women's participation in climate-related conflict prevention and peacebuilding in Numan and Demsa LGAs of Adamawa State. The project recognizes women as critical actors in managing climate risks, sustaining livelihoods, and promoting peaceful coexistence, while addressing their historical exclusion from decision-making spaces.



606

Community
Respondents



70%

Women Mapped



14

Focus Group
Discussion



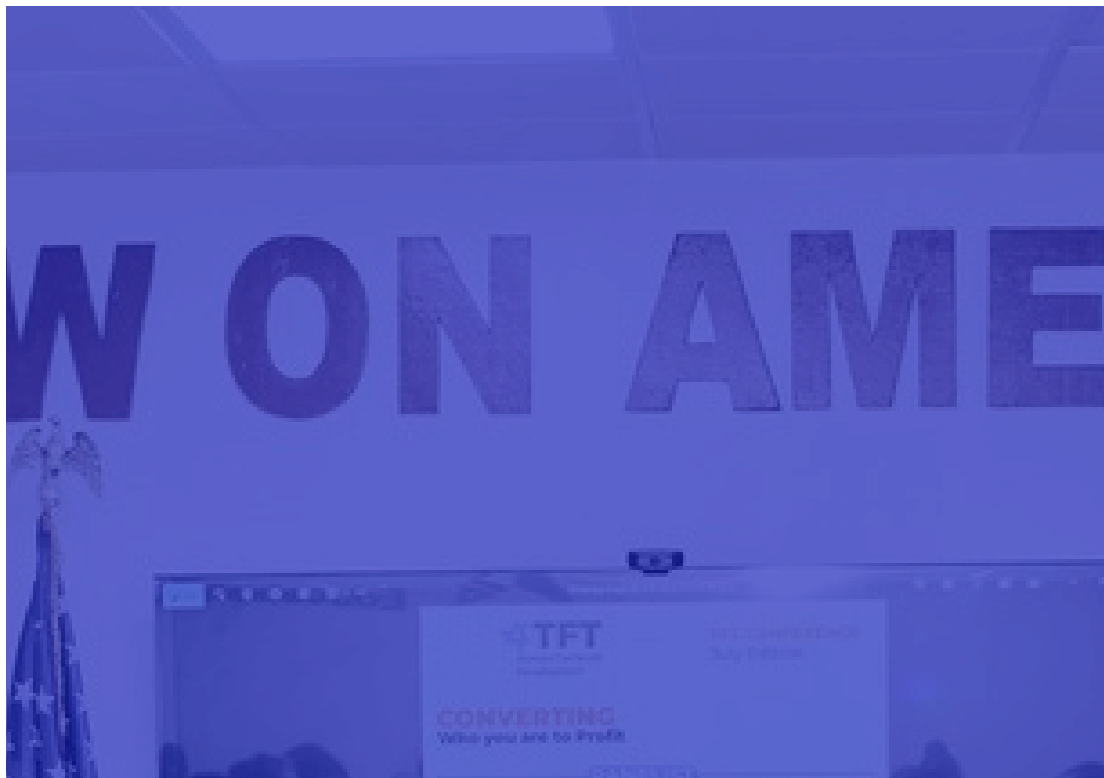
13

Young people engaged
in #HerClimateVoice



10,000

Reach on IG and
Facebook



CONFERENCE



May Edition | TFT Conference Hall, Yola, Adamawa State

The TFT May Conference, themed “Clear Discovery,” brought together young people in Adamawa for a transformative session focused on purpose, identity, and personal growth. The conference further strengthened mentorship linkages and served as a platform to introduce the TFT Skill Hub and Saving Scheme, thereby expanding access to skills development and economic empowerment opportunities for participating youth.



July Edition | Window on America, University of Nigeria, Yola



The TFT July Conference, themed “Converting Who You Are to Profit,” convened young people at the Window on America, AUN Yola, to explore practical pathways for transforming identity, passion, and skills into meaningful value. Through expert-led sessions, panel discussions, and interactive reflections, participants engaged with frameworks such as the Ikigai model, the 11 Ps of Profit, and a seven-step pathway to personal and professional growth. Speakers and panelists shared real-life experiences on purpose discovery, ethical profit, resilience, mentorship, and strategic action. The conference also strengthened youth exposure to learning platforms, reinforced volunteer pathways within TFT, and introduced practical tools such as the Menstrual Cards to support community engagement.



OCTOBER EDITION | AFISERE TOWN HALL, UGHELLI, DELTA STATE

The TFT October Conference, themed "Purpose Discovery," convened over 67 participants in Afisere, Delta State, to inspire adolescents and young people to become more intentional about identifying and pursuing their purpose. Through engaging sessions led by invited speakers, participants explored how to harness their God-given talents, build confidence, manage time effectively, and make informed life choices. Discussions also addressed issues such as teenage pregnancy, self-discipline, and using personal gifts to positively influence society. The conference strengthened self-awareness, renewed motivation among participants, and encouraged young girls to set personal and community development goals.



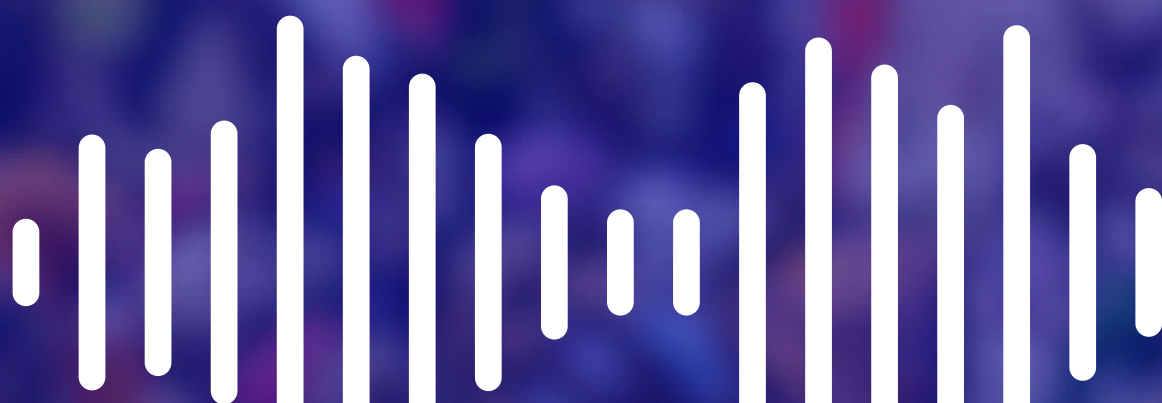


INNOVATION

MENSTRUAL CARD

The TFT Menstrual Card Innovation was designed to bridge the communication gap around menstruation at home, in schools, and within communities. It serves as an accessible tool to initiate and support open dialogue, improve awareness, and normalize menstrual health conversations among adolescents and caregivers, ultimately reducing stigma and misinformation.





TFT-SRHR SONG



INITIATIVES



SRHR WATCH PARTY

The SRHR Watch Party, implemented by TFT to strengthen adolescents' and young people's understanding of sexual and reproductive health and rights, with a focus on family planning. Through a two-day interactive engagement in Yola, 100 adolescents and young people were trained as SRHR champions, addressing common myths around contraception, promoting informed decision-making, and encouraging responsible health-seeking behavior. Participants demonstrated improved knowledge and committed to cascading accurate SRHR information to their peers, reinforcing youth-led awareness and community-level impact.



MENSTRUAL HEALTH HYGIENE MANAGEMENT (MHM) NIGERIA HEALTH SUMMIT

TFT participated in the Nigeria Menstrual Health and Hygiene Management Summit 2025 held at the Nigeria Society of Engineers HQ in Abuja, the first national forum dedicated to menstrual equity, product access, and policy solutions for menstruating persons. The summit brought together government officials, development partners, CSOs, disability advocates, young people, and private-sector actors to discuss period poverty, policy strengthening, and inclusive solutions. TFT contributed to advocacy and innovation discussions, showcasing youth-led tools such as the menstrual card game and digital storytelling approaches. The summit enhanced collaboration, amplified youth perspectives, and informed TFT's ongoing menstrual health programs and strategic planning.

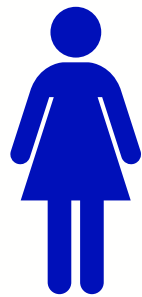


MY HEALTHY CHOICE (MYC) PROJECT

As part of TFT's commitment to improving adolescent and youth Sexual and Reproductive Health and Rights (SRHR), the My Healthy Choice (MYC) Project focused on strengthening community awareness around teenage pregnancy prevention, menstrual hygiene management, and gender-based violence (GBV) in Bachure Community, Jimeta-Yola. The initiative addressed persistent gaps in SRHR knowledge, harmful misconceptions, and limited access to safe information among adolescents and young people.



TFT advanced this initiative to create safe, youth-friendly spaces where adolescents, young women, and community members could openly engage on sensitive SRHR issues. Working alongside partners including Girls Movement Initiative (GMI), Marie Stopes International (MSI), and the Nigerian Aid Group of Islam, the project combined interactive discussions, practical demonstrations, and survivor-centered conversations to promote informed decision-making and healthier behaviors. Through these engagements, 164 community members were reached, including 52 out-of-school girls who participated in menstrual hygiene sessions and received sanitary pads, and 56 adolescents and young people who engaged in GBV awareness discussions.



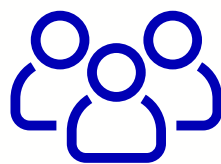
52

OUT-OF-SCHOOL GIRLS
TRAINED IN MENSTRUAL
HYGIENE



56

ENGAGED IN GBV
AWARENESS



164

COMMUNITY MEMBERS
REACHED



EDU-PAD THE GIRL

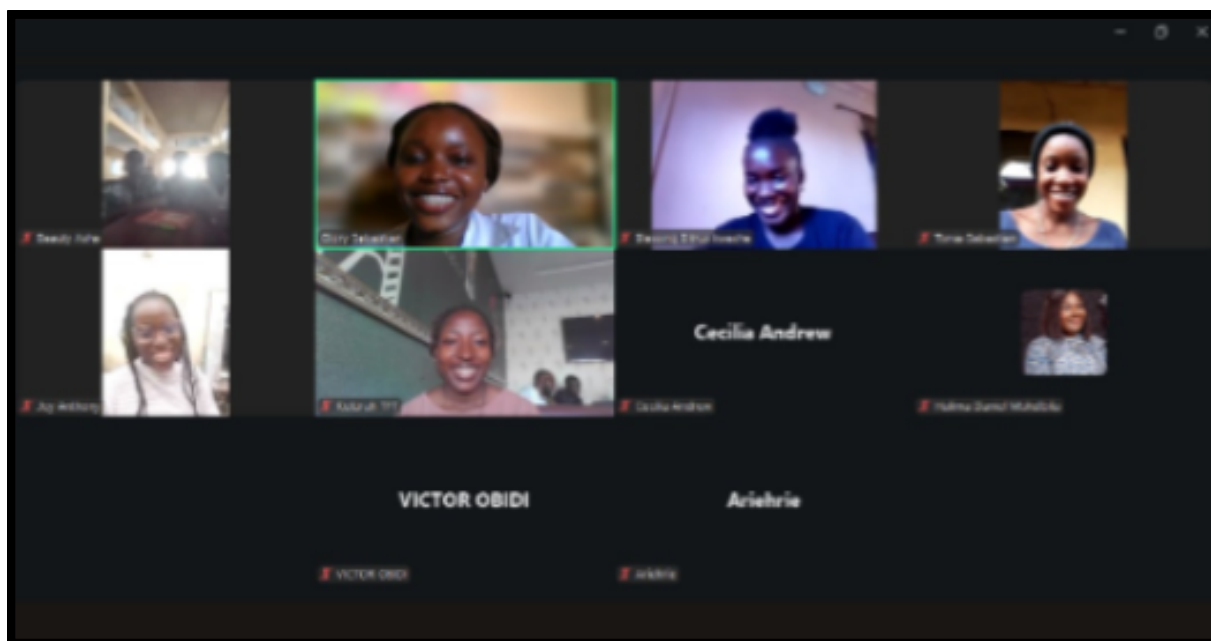


EDU-PAD the Girl was delivered by TFT-Taraba at NADA Christian Academy, Jalingo to reduce menstrual stigma, improve menstrual hygiene knowledge and practices among girls, and enhance school-level support for dignified menstrual management. The initiatives engaged 50 students (including boys) and persons with disabilities, creating a safe space to discuss menstruation as a natural biological process, challenge harmful myths, and share practical menstrual hygiene management skills.

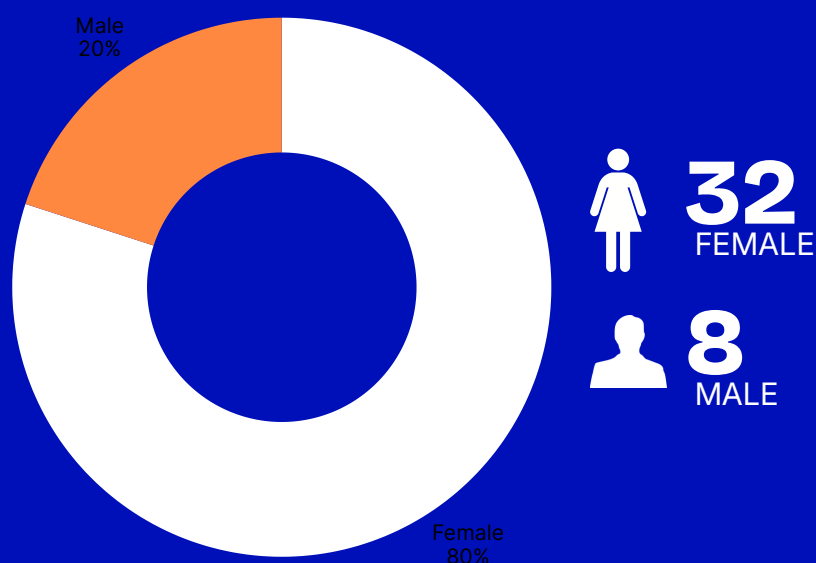


INTERNATIONAL ADOLESCENT WEEK

In commemoration of International Adolescent Week 2025, with the theme "Thriving Inside Out: Strengthening Adolescents' Physical and Mental Health," TFT-Calabar engaged 40 students (32 female, 8 male) at Government Secondary School, Uwanse. The initiative focused on strengthening adolescents' physical and mental health through interactive sessions on physical activity, emotional intelligence, and the connection between body and mind and highlighting how these aspects interact to promote overall well-being.



TFT also hosted a virtual webinar as part of the International Adolescent Week commemoration, bringing together expert speakers to engage adolescents in conversations on physical and mental well-being. The webinar reached over 50 adolescents, providing an inclusive digital space for adolescents to learn, ask questions, and reflect on practices that support their overall well-being.



INTERNATIONAL DAY OF THE GIRL CHILD

TFT commemorated the International Day of the Girl Child 2025, with the theme “The Girl I Am, the Change I Lead: Girls on the Frontlines of Crisis,” through community-based outreaches in Guita Community, Kubwa (FCT) and Adamawa State, engaging over 100 participants, including 40 adolescent girls aged 10–15, women leaders, adolescent boys and girls, teachers, and traditional leaders. The commemoration in the Guita community strengthened girls’ leadership, self-confidence, and resilience through interactive sessions on leadership values, menstrual health and hygiene, and learned basic knitting and crocheting skills to promote self-reliance and personal development.

 **40**
ADOLESCENT GIRLS
(10-15 YEARS)

 **60+**
COMMUNITY
STAKEHOLDERS





In Adamawa, the commemoration expanded into a multi-stakeholder dialogue on mainstreaming menstrual health and dignity within women’s rights actions and advocacy, in collaboration with Every Girl Initiative (EGI), Debbie Kauna Foundation (DKF), and Rise to Inspire Africa (RIA). The dialogue strengthened collective understanding of menstrual dignity as a health and human rights issue, with deliberate attention to disability inclusion and the role of women and girls in driving advocacy and community-level change.



WORLD CONTRACEPTIVE DAY SENSITIZATION



To commemorate World Contraceptive Day 2025, TFT working with the Adamawa State Ministry of Health, Marie Stopes International (MSI), and other partners—implemented a community sensitization campaign themed “A Choice for All: Agency, Intention, Access.”

The initiative engaged community members through interactive discussions on family planning, contraceptive options, and shared decision-making. Participants were also linked to quality reproductive health services through on-site counseling and service provision.

MENSTRUAL HYGIENE DAY SENSITIZATION

In commemoration of World Menstrual Hygiene Day 2025, TFT in partnership with Debbie Kauna Foundation, First Step, and the Ministry of Women Affairs conducted a school-based sensitization at Aliyu Musdapha College, Yola, reaching approximately 150 junior secondary school girls. The session focused on promoting proper menstrual hygiene management through age-appropriate education on body care during menstruation, menstrual pain management, menstrual cycles, and informed choices between disposable and reusable sanitary products. The engagement was highly interactive, creating a safe space for students to ask questions and dispel common myths around menstruation. To reinforce learning and support dignity, TFT distributed menstrual hygiene materials, including sanitary pads and basic personal care items to the girls.

BREAST CANCER AWARENESS AND MENSTRUAL HYGIENE OUTREACH

TFT, in partnership with Stanbic IBTC Bank and Tangerine Africa, conducted a Breast Cancer Awareness, Screening, and Reproductive Health Outreach at Damare IDP Camp, Girei LGA, Adamawa State. The activity engaged over 250 participants, including women, youths, and adolescents from the IDP and host communities, providing critical health education, free clinical breast examinations, mammogram screenings, and menstrual hygiene support. The outreach aimed to raise awareness on breast cancer prevention and early detection, strengthen reproductive health knowledge, and improve menstrual hygiene practices among vulnerable populations. Participants received interactive sessions led by trained health professionals, covering breast health, reproductive wellness, and menstrual hygiene management. Menstrual hygiene materials were distributed to reinforce practical learning, and participants were linked to follow-up health services where necessary.

250+
PARTICIPANTS



A photograph of a group of people, primarily Black women with braided hair, looking at a laptop screen. The image is heavily filtered with a blue color scheme. A white, rounded rectangular box is positioned in the center, containing the text "SOCIAL MEDIA".

SOCIAL MEDIA

2025 SOCIAL MEDIA REACH



5,802
FOLLOWERS



298,000
REACHED



25,195
REACHED



245,695
REACHED



5,000
REACHED

PHOTO SPEAK



PHOTO SPEAK





PHOTO SPEAK











PARTNERS



ORGANON



Stanbic IBTC
A member of Standard Bank Group



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